

CATEGORY B: CARDIOVASCULAR

PRIVATE

Profile Level	General Heart Disease	Rhythm	After myocardial infarct or surgery	Hypertension	Med Report Req	Interval for Review	License Class & Restrictions
1	No history. Past heart disease, fully recovered	No history or transient arrhythmia in childhood	No history	No hypertension. Past hypertension now normal without medication	No	N/A	Private vehicles
2	Heart disease AHA Class I, no limits, no symptoms on ordinary activity	Transient isolated arrhythmia without recurrence in past 5 years	Unusually mild condition b	Hypertension controlled on medication c	Yes	5 years	Private vehicles
3	AHA Class I: no undue symptoms on ordinary activity	Past arrhythmia, normal rhythm; stable with pacemaker for 6 months	1 year minimum; symptoms only with strenuous activity a	N/A	Yes	1 year a	Private vehicles
4	AHA Class II; slight limit on activity; comfortable on mild exertion d	Arrhythmias controlled or stable for 3 months	3 months minimum; no symptoms at rest a	Hypertension partially controlled by medication. Diastolic less than 120 mm.Hg c	Yes	1 year	Private vehicles
5	Class III, limited activity with symptoms on activity; anticipated aggravation by unlimited driving d	N/A	N/A	N/A	Yes	1 year	Private vehicles
6	Class III limited activity with fluctuation in symptoms on exertion	Unstable rhythm profile; supraventricular tachycardia which is hemodynamically unstable; recurring ventricular arrhythmias proven by Holter monitor; driving limitations & health care professional=s recommendation should be based upon anticipated degree of instability of rhythm c d e	Recovery time frame & restrictions to be determined by health care professional & appropriate profile level determined; see narrative paragraph 4	Hypertension with diastolic persistently above 120mm.Hg and/or systolic over 200mm.Hg; functional profile to be based upon anticipated effects on driving with appropriate limitations on speed, area, time of day, etc. c	Yes	6 months	Private vehicles Speed, area and time of day restrictions
7	Special circumstances not covered above or patient under evaluation				Yes	a b	Private vehicles Special restrictions not covered above, recommended by health care professional
8	Heart disease. AHA Class IV limitations with any activity Symptoms at rest	Arrhythmias with history of loss of consciousness in past	Recovery not sufficient to drive	Diastolic over 120mm.Hg. w/limiting complication/side effect of medications	Yes	N/A	No driving

a. Or as recommended by health care professional, longer or shorter according to stability b. See narrative for consideration of unusually mild or stable cases c. If medication does not interfere with alertness or coordination d. or Profile level 5, with long term stability e. Level 6, Type II second degree heart block or trivascular block